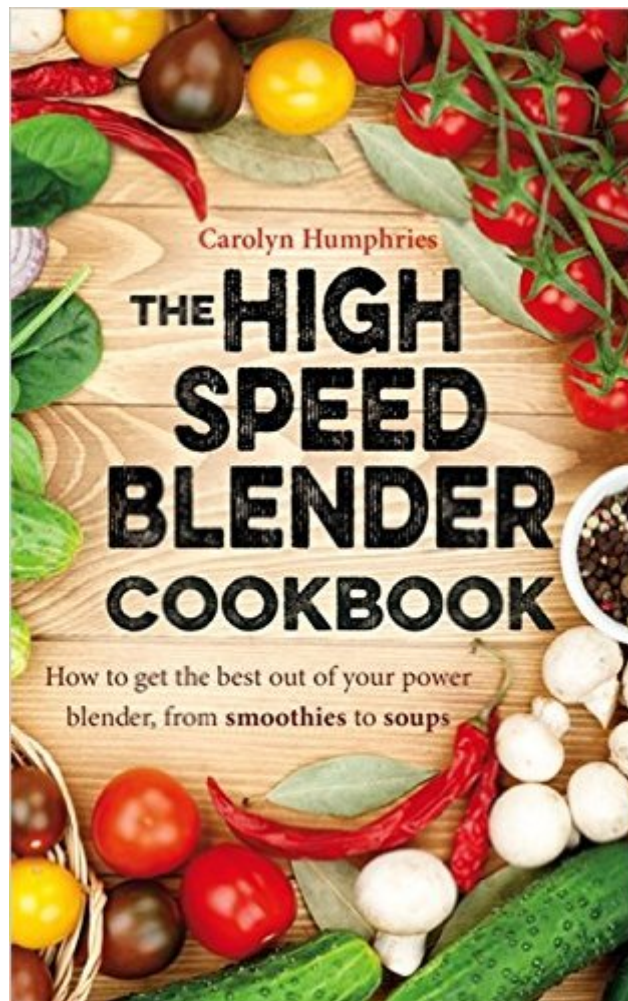


The book was found

The High Speed Blender Cookbook: How To Get The Best Out Of Your Multi-purpose Power Blender, From Smoothies To Soups



Synopsis

This book will show you how you can use it to whip up the most velvety, vitalising smoothies and drinks, even using tough, fibrous raw vegetables. You will be able to quickly make AND heat up nutritious soups and sauces and, amazingly, produce perfectly frozen, fabulous, ice creams and sorbets in minutes. It will also show how you can use your blender as a food processor, too, for chopping or mixing ingredients and making - to name but a few - fresh, vibrant salsas; fast-kneaded doughs; light, airy batters; even-textured minced mixtures; quick-mix cakes and bakes; effortless ground spice pastes; and even your own flours. If you want a gadget that's amazingly versatile, stunningly efficient and easy to clean, then why not make it a high-speed blender? You'll be able to whiz up drinks, sustaining soups, dips, and spreads, omelettes, bakes, desserts, in fact just about everything you need to make in next to no time, using the freshest ingredients with very little effort.

Book Information

Paperback: 176 pages

Publisher: Constable & Robinson (May 31, 2016)

Language: English

ISBN-10: 1472136489

ISBN-13: 978-1472136480

Product Dimensions: 5 x 0.4 x 7.8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #750,925 in Books (See Top 100 in Books) #119 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Blenders #571 in Books > Cookbooks, Food & Wine > Beverages & Wine > Juices & Smoothies

[Download to continue reading...](#)

The High Speed Blender Cookbook: How to get the best out of your multi-purpose power blender, from smoothies to soups
Speed Reading: The Ultimate Speed Reading Course to Increase Your Reading Speed (speed reading techniques, speed reading for beginners, speed reading training) (Genius Guide: Step By Step Book 3)
Ninja Blender Cookbook: Fast, Healthy Blender Recipes for Soups, Sauces, Smoothies, Dips, and More
Blender Recipe Cookbook: Healthy Smoothie, Soup and Dessert Recipes for your High Speed Blender
Complete Vitamix Blender Cookbook:: Over 350 All-Natural Recipes For Total Health Rejuvenation, Weight Loss, Detox, Superfood Smoothies, Spice Blends, ... More (Vitamix Blender Recipes) (Volume 1)
Smoothies For Kids: 80+ Recipes,

Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54) Gourmet Vitamix Blender Soup Recipes: Get The Most Out Of Your Vitamix Blender With These Amazing, Delicious, Quick and Easy Recipes Ninja Blender Recipe Bible: 50+ Delicious Recipes for your High Powered Blender The Nutri Ninja Master Prep Blender Whole Food Cookbook: 101 Delicious Soups, Spreads, Entrees, Desserts & Cocktails For Your Ninja Pro, Kitchen ... Ninja Kitchen System Cookbooks) (Volume 2) Splendid Soups: Recipes and Master Techniques for Making the World's Best Soups Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health Green Kitchen Smoothies: Healthy and Colorful Smoothies for Every Day NutriBullet Recipe Book: Savory Soups!: 71 Delicious, Healthy & Exquisite Soups and Sauces for your NutriBullet Super Ninja Blender: Top 50 Detox Smoothies & Super Juices to Cleanse, Fight Inflammation, and Reset Your Body Nutri Ninja Recipe Book: 140 Recipes for Smoothies, Soups, Sauces, Dips, Dressings and Butters Tupac Shakur: Multi-platinum Rapper: Multi-Platinum Rapper (Lives Cut Short) Book of Soups: More than 100 Recipes for Perfect Soups The Ultimate Party Drink Book: Over 750 Recipes for Cocktails, Smoothies, Blender Drinks, Non-Alcoholic Drinks, and More The Blender Girl Smoothies: 100 Gluten-Free, Vegan, and Paleo-Friendly Recipes

[Dmca](#)